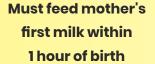




CARE OF THE NEWBORN









To keep the newborn warm, cover his/her head and body all the time



Wash hands before touching the newborn, before breastfeeding and after cleaning his/her feces



on the cord stump to avoid infection



Do not bathe immediately after birth. Do as advised by the doctor

A baby weighing less than 2.5 kg at birth is considered as low birth weight baby.



Special care is required for managing the low birth weight baby. Proper cleanliness, breastfeeding and Kangaroo Mother Care (KMC) are required.



- The mother should first wipe her chest and breast thoroughly with a clean wet cloth.
- The newborn should keep wearing a cap, gloves, socks and nappy.
- Place the weak newborn between the mother's breasts and turn its face to one side to allow it to breathe properly.
- Over both the mother and the newborn with a thick warm sheet or blanket according to the weather.



For more information, contact Self Help Group member of your area.